



FOOT HEALTH QUESTIONNAIRE

- My foot/knee/hip/low back pain is worse after standing on my feet all day
- I experience pain in my feet on a regular basis
- I experience increased pain while walking or running
- My foot pain prevents me from participating in physical activities
- When I wear supportive shoes my pain improves
- I can only buy certain types of shoes or my feet hurt
- I have bunions, hammer toes, or arthritis in my feet
- I have callouses on my feet
- My feet have changed in shape or size recently
- My feet hurt when touched
- I have tried over-the-counter shoe inserts and they have helped
- I have a history of foot pain/problems in my family

If you checked any of these boxes, a follow up evaluation may be warranted. Please ask your doctor about prefabricated or custom orthotics from MojoFeet.