



# DO YOU HAVE PAIN IN YOUR KNEES WITH LONG PERIODS OF STANDING? PAIN IN YOUR KNEES WALKING, RUNNING, OR WALKING UP OR DOWN STAIRS?

Whether you have pain on the inside or outside of your knee like tendonitis or pain inside of your knee like arthritis or meniscus problems; it is time to be **WALKING PAIN FREE.**

Your feet provide the foundation for **MOVEMENT.** Movement is the **FOUNDATION FOR HEALTH.** Our feet function to absorb impact when we walk, lessening the forces transferred to our knees. **MOJOFEET** orthotics are **ENGINEERED TO HELP YOU MOVE** and can help many cases of knee pain resolve by balancing and supporting your foundation so you can **MOVE ON** to strengthening your feet and knees!

*You are made to move.*  
**WE ARE DESIGNED TO  
FEEL GREAT ON THE GO.**  
**HAVE YOUR FOUNDATION EVALUATED TODAY!**

**HSHealthSource**  
Chiropractic & Progressive Wellness®

**MOJOFEET**  
*made to move*