

Your healthcare provider has fit you for MojoFeet custom orthotics. Be sure to follow their recommendations and treatment plan to ensure the best outcomes for you and your new 'foot mojo'. Your custom-made orthotics are designed to help you 'get moving' more comfortably and more efficiently. They are engineered to support the impact you put through your feet each day. MojoFeet are customized to flex while you walk, making long days living on man-made surfaces more comfortable all on the joints in your body.

MOJO FEET
made to move

SLOW DOWN. INHALE.
STOP AND LOOK AROUND.
THIS GIFT IS PRETTY AMAZING. **EXHALE.**

EMBRACE TAKE
CHANGE. CARE

MAKE NEW CHOICES. OF YOUR
TAKE GUTSY CHANCES. BODY.

Move fearlessly forward.

DO WHAT MOVES YOU.

TODAY IS A GIFT. RIP INTO IT.

MOJOFEET.
GOOD FOR THE SOLE.

TODAY IS A GIFT.

Be thankful for it.

MAKE GET OUTSIDE.

TODAY BREATHE.

COUNT. RUN IN THE GRASS.

YOU ARE STRONG

made to move

YOU CAN GO FAR.

GET MOVING.

INSPIRE OTHERS TO MOVE.



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MOJOFEET CUSTOM ORTHOTIC DESIGN

Your custom-made orthotics are designed to help you 'get moving' more comfortably and more efficiently. They are engineered to support the impact you put through your feet each day. MojoFeet are engineered to flex while you walk, making long days living on man-made surfaces more comfortable all on the joints in your body.



Well-manufactured custom orthotics are perfectly imperfect, just like your feet. Every pair of MojoFeet custom orthotic is truly a 'one of a kind' creation for your feet. You will notice they fit your heel cup, the length of your arch and shape of your foot and they will have a 'bounce' to them when you put your body weight into them. Your feet are your foundation for a healthy, active life. Being on your feet should be easy. It's what you were made to do.



Adapting to your MOJOFEET CUSTOM ORTHOTICS:

EMBRACE CHANGE.

Change can tend to be a little uncomfortable. It is important to remember that you aren't breaking in the orthotics, they are breaking in YOU. Slight discomfort, tired feet and achy muscles may be part of this process for you. Gradual accommodation to the change under your feet is best for your body. Add one hour of casual wear everyday until you can comfortably wear your orthotics all day. At this time, approach all new activities (running, sports, dancing etc) and all different shoe types with this same 'gradual accommodation' period. Feel free to back off a little on the break in process and take it even slower if you feel the need or your provider recommends it.

CHECK IN.

Be sure to follow your provider's treatment recommendations that may include stretching, strengthening, inflammation care and mobilizing for many areas of your body, not just necessarily your feet. It may be their recommendation to return for 'check ins' to ensure the best success with your new 'foot mojo'. Occasionally, adjustments may have to be made to your Mojofeet. Frequently, the most common adjustment is 'more time to accommodate to the change'. Give your body the adaptation time it needs and be sure to work with your providers care plan.

CREATE NEW HABITS.

Once you have comfortably adapted to wearing your custom orthotics all day, its time create new patterns for how you move. MojoFeet orthotics should be worn during your daily activities of work and play on hard surfaces. However, we do recommend that you give your feet a daily vacation from your shoes on the grass or beach!

- I understand I need to adapt to my new 'foot mojo' slowly, adding one hour of casual wear each day.



- The custom orthotics I am receiving will accommodate into athletic shoes/shoes with removable inserts/dress shoes/other. You may have to trim and shorten your MojoFeet to get a perfect fit.
- I understand that the Mojofeet I am receiving are custom devices, made to match my perfectly imperfect feet, my body weight, my foot architecture and current activity level.
- I understand that my orthotics need to be monitored during my first six months of wear time. We will make every effort to ensure the success of your MojoFeet Custom Orthotics. Custom Orthotics are not returnable for a refund or credit.
- It is recommended that you pre-schedule for 'check in' visits. Modifications necessary for a comfortable fit are covered for 6 months at no charge from the original casting date.